

# Royal Trim™

## *Herbal Tonic With Patented Chromium Polynicotinate*

**Code:** 102

**Package Size:** 90 capsules

**Suggested Use:** 1-3 capsules 1 hour before each meal and 1-3 capsules at bedtime.

### **What Is Royal Trim™?**

Royal Trim® is an exciting new dietary supplement supplying 600mg (per 6 caps) of a special *Garcinia cambogia* extract rich in hydroxy citric acid, as well as 12mg (600% RDA) of the coenzyme form (ready to assimilate form) of vitamin B6 called pyridoxal 5' phosphate. Also, pure L-carnitine, along with 90mcg (129% RDA) of trivalent chromium from chromium polynicotinate. Royal Trim® also contains a patented bioavailability enhancer called Bioperine®. Royal Trim® supplies a generous 1600mg (per 6 caps) of 16 very desirable supplemental herbs, plus the enzymes bromelain and papain.

Royal Trim® comes in easy-to-swallow, two-piece, preservative-free gelatin capsules. These capsules quickly dissolve in the stomach. Furthermore, by using the capsule form, sensitive bionutrients such as L-carnitine are not harmed by the heat of tablet compression. This combination satisfies those wishing to take only a single dietary supplement supplying: high quality *Garcinia cambogia*, trivalent chromium, the most expensive, ready-to-use form of vitamin B6, the natural form of carnitine, patented Bioperine® bioavailability enhancer - all in a broad herbal base.

Royal Trim™ works with your body naturally. The *Garcinia cambogia* helps to prevent the liver from forming fats from dietary carbohydrates. It also helps control appetite by increasing the production of glycogen and the concomitant stimulation of glucoreceptors in the liver, which results in early satiety through signals sent to the brain via the vagus nerve. In other words, you will feel full more quickly. This is accomplished without stimulating the nervous system and adrenal glands. With the unique blend of 19 other herbs and enzymes that combine natural appetite suppression with nutrition, Royal Trim™ is an herbal tonic that is good for what ails you.

### **Why Diets Do Not Work**

Most dieters who achieve significant weight loss, lose far too much (approximately 30%) lean body mass (muscle and organic tissue). This not only diminishes strength and agility, but affects appearance as well. With less muscle, pleasing curves flatten, chests sink and arms and legs look spindly. Making things worse, this lessens lean body mass lowers the metabolic rate making it harder to keep the fat off permanently. This is known as the "yo-yo diet" syndrome. Aside from the mental let down from gaining the weight back, your body is in worse physical shape than before the diet. Royal Trim™ works to take weight off safely, naturally and permanently without dieting.

### **What Is Chromium Polynicotinate?**

Chromium polynicotinate consists of pure niacin-bound chromium, identified by United States Government researchers as the active component of true GTF (Glucose Tolerance Factor). GTF is responsible for binding insulin to cell membrane receptor sites. Without GTF, insulin is useless. Chromium polynicotinate has been shown to possess greater biological activity and is safer than other chromium supplements. Chromium polynicotinate's ability to potentiate the effects of insulin and to help overcome insulin resistance in overweight people, make it a powerful weapon in the fight against fat.

The effects of chromium polynicotinate on insulin are important because insulin is a potent hormone involved in protein, fat and carbohydrate metabolism and participates in physiological control mechanisms such as: appetite control, curbing sugar and carbohydrate cravings, and fat burning.

# About Royal Trim®

## Ingredients

**GARCINIA CAMBOGIA EXTRACT** - This is an extract of a tropical Asian fruit, also known as Malabar tamarind, or Brindall berry. Garcinia cambogia is rich in (-) hydroxy citric acid (HCA). Various studies have shown that hydroxy citric acid may help to prevent the liver from forming fats from dietary carbohydrates. HCA increases the production and storage of glycogen, while reducing both appetite and weight gain. HCA also causes calories to be burned in an energy cycle similar to thermogenesis. It is exciting new technology in all-natural weight management.

**SIBERIAN GINSENG ROOT** - Root of a tall prickly shrub native to eastern Siberia. The Chinese, with over 4,000 years usage of this herb, report that it helps the body adapt to physical stress. Also, has been said to help improve mental alertness, help reduce cholesterol and blood pressure and helps improve overall health.

**BROMELAIN** - Is an enzyme derived from the pineapple plant stem. Bromelains are protein digesting enzymes. It can substitute for other digestive enzymes such as trypsin and pepsin. Furthermore, it can operate in either the acid media of the stomach or the alkaline media of the small intestine.

**DANDELION ROOT** - Is the root and rhizome of the common dandelion. It is a bitter herb that contains vitamins, minerals and trace minerals. May help rid body of excess water and salt and may be good for digestion.

**KELP** - Are ocean grown plants that contain algin and a full spectrum of trace minerals from ocean water.

**L-CARNITINE** - Is a natural substance found in muscle and liver tissue. It is used in the transport of certain fatty acids into the mitochondria (energy units) of the cells. Various body tissues depend on fatty acids as a source of energy. It is used in the oxidation (breaking down) of fats. Carnitine is also involved in the metabolism of branched chained amino acids.

**BILBERRY LEAVES** - Also known as European blueberries, these leaves contain a natural antioxidant known as anthocyanosides. Anthocyanosides are thought to help maintain stable collagen or connective tissues by preventing free radical damage. They are considered to be among the more effective free radical fighters.

**BURDOCK ROOT** - Is a good source of insulin. May help to relieve skin irritations, may help purify blood and may help to soothe pain from arthritis, rheumatism and backache.

**PARSLEY HERB** - Are the dried aerial parts of the parsley herb. It contains flavonoids and may help settle the stomach, may help clear congestion and may soothe asthma.

**RED CLOVER BLOSSOMS** - Are the flower heads of red clover which contains various flavonoids, flavonols, and phenolic acids. The blossoms are often consumed as an herbal tea. May help to calm coughs, may help clear chest of phlegm, may help fight cancerous growths and may improve overall health.

**COUCHGRASS RHIZOMES** - Also known as couchgrass, quack grass, or dog grass, are the rhizomes of a perennial grass native to Eurasia and naturalized in North America. The herb contains varying amounts of fixed oils and trace amounts of vitamins and minerals. It has a long history of use by herbalists. It may be a soothing diuretic with antibiotic properties. May ease urinary tract infections, stones and prostatitis. French herbalists use couchgrass to stimulate the liver and gallbladder.

**FENNEL SEED** - Is the dried fruit of a perennial herb indigenous to Europe, but now also cultivated elsewhere. It has long been used by herbalists. The fruits contain flavonoids, protein, vitamins and minerals. May be useful as a digestive aid. May relieve stiff and painful joints. May also relieve cramps and gas.

**CELERY SEED** - Is the dried fruit of a biennial herb native to southern Europe. It contains coumarins, flavonoids and phenolic compounds. It may be a natural diuretic and may also be good for digestion.

**LICORICE ROOT** - Consists of the dried unpeeled roots and stalons of this member of the legume family. Licorice has been used for over 3,000 years. It is one of the most popular herbs in the West and the Chinese have used a similar species for thousands of years and it is one of their most popular herbs. It may help reduce ulcer pain, may also help to soothe a sore throat and may help retard growth of certain cancerous tumors.

**OATSTRAW** - Is a member of the cereal grass family. The blades of the oatstraw are dried or the whole oat plant is cut. Oatstraw is said to contain silica and fiber. It is generally taken as a tonic tea. Also, contains vitamins, minerals and protein which are valuable nutritionally.

**ROSE HIPS** - Is the ripe fruit of a prickly shrub native to Europe, and extensively cultivated elsewhere. Rose hips contain ascorbic acid, as well as carotenoids, flavonoids, pectins and polyphenols. Several of the above substances have antioxidant properties.

**GINGER RHIZOME** - Is the dried rhizome of a perennial herb, native to southern Asia, cultivated extensively in the tropics, and used worldwide. Ginger has strong antioxidant properties. Ginger contains proteins, vitamins, minerals and amino acids. It may also help to calm an upset stomach and may also help to ease cold symptoms.

**BARLEY GRASS POWDER** - Is the green harvested grass blades of the immature barley plant. The fresh grass contains varying amounts of vitamins, minerals and trace minerals. It is considered to be a good source of chlorophyll and live enzymes and it has high levels of beta carotene. May be a tonic for the immune system and a mild appetite suppressant.

**CAYENNE PEPPER FRUITS** - Are the dried ripe fruits of the capsicum plant native to tropical America. Also called chili pepper, red pepper and cayenne pepper. Capsicum is a hot, stimulating herb that may help to soothe indigestion and may also help to reduce inflammation.

**PAPAIN** - Is an enzyme, also called vegetable pepsin, that is extracted from the green papaya fruit which is native to tropical America. As a plant enzyme, papain operates over a wide pH range, and it is fairly heat resistant. It aids in the breakdown and metabolism of protein and may help to relieve indigestion.

**PIPERINE EXTRACT** - Consists of a 98% piperine extract from the black pepper fruits. It is supplied as Bioperine®. This piperine extract holds a U.S. patent to enhance bioavailability and absorption. Highly concentrated piperine is readily available for assimilation without first having to be broken down and extracted by the digestive process.

### Special Notice

*"For•Mor makes no representation or warranty, expressed or implied, including warranties of fitness for a particular purpose and of merchantability of this product, except as indicated on its label."*

*If you are not fully satisfied with the results after using Royal Trim™ your full purchase price will be refunded by the distributor you purchased it from.*

*"This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease."*